

**Stepping Stone Chiropractic, PC.**

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**Informed Consent to Care**

**PATIENT NAME:** \_\_\_\_\_

To the Patient: Please read this entire document prior to signing it. It is important that you understand the information contained in the document. Please ask questions before you sign if there is anything that is unclear.

**The nature of chiropractic care adjustment:**

The primary treatment used by doctors of chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click”, much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

**Analysis/Examination/Treatment**

As part of the analysis, examination, and treatment, you are consenting to the following procedures:

Patient should initial each procedure they are consenting to

- \_\_\_ Spinal Manipulative therapy \_\_\_ Palpation \_\_\_ Vital signs
- \_\_\_ Range of motion testing \_\_\_ Orthopedic testing \_\_\_ Basic neurological Testing
- \_\_\_ Muscle strength testing \_\_\_ Postural analysis testing
- \_\_\_ Ultrasound \_\_\_ Hot/cold therapy \_\_\_ EMS (electrical muscle stimulation/TENS)
- \_\_\_ Other (please explain)

\_\_\_\_\_  
\_\_\_\_\_

**The material risks inherent in chiropractic adjustment.**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disk injuries, dislocations, muscle strain, cervical myopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however if you have a condition that would otherwise not come to the Doctor’s attention it is your responsibility to inform the Doctor.

**The Probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and if recommended by the Doctor, X-rays. Stroke and/or arterial dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. If there is a casual relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who are at risk of arterial stroke.

**The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- Self-administered, over the counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization
- Surgery

If you choose to use one of the above noted “other treatment” options you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated.**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**CONSENT TO TREATMENT (MINOR)**

I hereby request and authorize Dr. Tara Bath to perform diagnostic tests and render chiropractic adjustments and other treatment to my minor son/daughter:\_\_\_\_\_. This authorization also extends to all other doctors and staff members.

As of this date, I have the legal right to select and authorize healthcare services for the minor child named above. (if applicable) Under the terms and conditions of my divorce, separation or other legal authorization, the consent of a spouse/former spouse or other parent is not required. If my authority to so select and authorize this care should be revoked or modified in any way, I will immediately notify this office.

**For Pregnant Women.**

I understand that the Webster Technique is a specific sacral analysis and diversified adjustment. The goal of the adjustment is to reduce the effects of sacral subluxation and/or SI joint dysfunction. In so doing neuro-biomechanical function in the pelvis is facilitated. \_\_\_\_\_

Patient initials

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.  
PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW**

I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Tara Bath and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Dated: \_\_\_\_\_

Dated: \_\_\_\_\_

\_\_\_\_\_  
Patients Name

Tara Bath,DC, FIAMA

\_\_\_\_\_  
Doctors Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature of parent of guardian (if minor)

**This consent to care including treatment is good for one year from date signed. You have the right to revoke any care by filling out a new form or in writing to our office.**